

## *The Ancient Norwegian Primstav*



*How I found a way to travel  
through time and traditions*







January 6,  
Feast of the Three Kings



Tule





February 2. Kyndelsmesse



The Feast of Light

Crossed oars, mysterious symbol of early spring equinox, the place I began to extend the primstav to imagined realms



March 12, Gregorsmesse



Vårjamdøgn







April 14. Spring Tree, Tree of Life



Begins Summer Side  
of the Primstav



July 14, Midsommar



# A Tree in Leaf



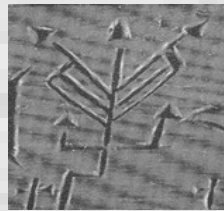
July 29, Olsok  
August 3, Vesle Olsok



Lighting bonfires  
In memory of  
Olav Haraldson



August 15, Marimesse Førre



Commemorates Mary  
received into Heaven



September 29, Mikkelmesse

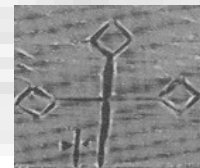


Farm animals  
come home from  
their summer  
pastures

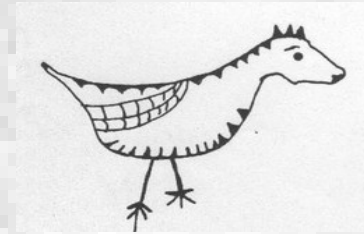




September 14, Korsmesse om hausten



Beginning of autumn:  
Harvesting of corn crops  
should have been completed



November 11, Mortensmesse

# Bjørnekvelden

“But were they not in the caves, then,” asked Kristin, “St. Sunniva and the Selje-men? Is not that true?”

The monk twinkled at her, and smiled again:

“Tis both true and untrue. It seemed so to the folk who found the holy bodies. And true it is that it seemed so to Sunniva and the Selje-men, for they were humble and thought only that the world is stronger than all sinful mankind, and they thought not that they themselves were stronger than the world, because they loved it not.

But had they but known it, they could have taken the hills and slung them forth into the sea like so many pebbles. No one, nor anything, can harm us, child, save what we fear or love.”

Kristin Lavransdatter, Sigrid  
Undset



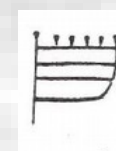


November 25, Karimesse

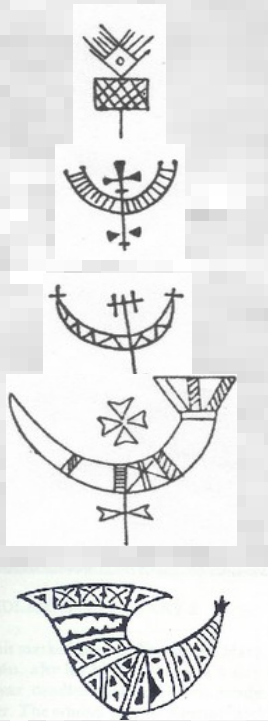


Kari of the Spinning Wheel





July 8, Sunniva and December 13, Lucia



December 25, Juledag





# “Utvikler seg over tid og sted”

“Evolving over time and space”  
Primstavs by Lucy Tokheim

